

Help to use this website



Listening to this website

If you have trouble reading then you can listen to the things on this website.

To listen to the website pages you will need to install some software on your computer.

This is free and can be done on anyone's computer. If you would like to download this software onto your computer then please [click here](#)



PDF (Portable Document Format)

A PDF is a file format. This makes it easier and quicker to send files to other people on their computers. It takes less space on their computer.

Some of the files on this website are in a PDF format. Anyone can read and print these files from their computer.

All you have to do is download some software onto your computer.

The link below will take you to a website page where you can download the software. <http://get.adobe.com/uk/reader/>

Click the download and the computer will do the rest.

Audio files



Sound files have not been added to this website.