



Leicestershire Learning Disabilities Partnership Board

Thursday 7th January 2016

Welcome to the Partnership Board



Ground Rules



Everyone should take it in turns to speak

Everyone should respect what other people say

Everyone should always have good manners

No one should speak in a rude way to anyone

When the meeting is in progress people should only talk about Partnership Board work

Please do not have private conversations during the meeting

Only Partnership Board Members are allowed to vote

Mobile phones should be switched off or put on silent at all times

No texting on mobile phones, e-mailing or working on laptops during the meeting



Communication



At the Partnership Board everybody is equal. We are all important. It is important that we can all join in and say what we think.



To make sure we do this we all need to use easy words and no jargon



Please hold up the yellow card if you want to speak. Please do not speak until you are asked to do so by the Chair.



Hold up the red card when there is something you don't understand, or if people are talking too fast. Anyone can hold up this card at any time. As soon as you see the red card, please stop talking.



Making things easy to understand is a difficult job so at each meeting we will ask someone to help make it easier for everyone to join in. Their job is to be the Word Police. Please remember, the Word Police is there to **help** us all.



Word Police



- Please put your hand up if you would like to be the Word Police today.



Welcome to our new volunteers, Vikas and Roshni who are supporting self advocates at the Partnership Board meetings.

Partnership Board meetings in 2016

The steering group wants to know, if the Board is to carry on next year, what 4 big things do you want us to talk and find out about? Please tick 4 boxes or write down a theme that you want to talk about.

 Bullying and keeping safe	<input type="checkbox"/>	 Being healthy and staying well	<input type="checkbox"/>
 Housing	<input type="checkbox"/>	 Info Communication and easy read information	<input type="checkbox"/>
 Young people and transitions	<input type="checkbox"/>	 Education, training and getting a job	<input type="checkbox"/>
 Please write down any other ideas?			

- Date of the Partnership Board Meetings.
- Remember to fill in the sheet about what you want to talk about at the next year's Partnership Board meetings.



Our theme today is
health and wellbeing



Building the Right Support



Louisa Whait
Strategic Commissioning Manager
learning disability and autism

Leicestershire County Council

0116 3050385

Louisa.whait@leics.gov.uk



Purpose of the presentation

To tell the Partnership Board about the report
Building the right support.

This looks at how we best support people with learning disabilities who have challenging behaviour and or mental health problems, in the community.



Building the right support

Homes not Hospitals



Building the Right Support

Local Government Association

Directors of adass
adult social services

NHS England

Building the right support

A national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition

October 2015

- Move people out of hospital who should not be there.
- Have the right services to support you where you live.
- Stop you going into hospital unless you really need to.



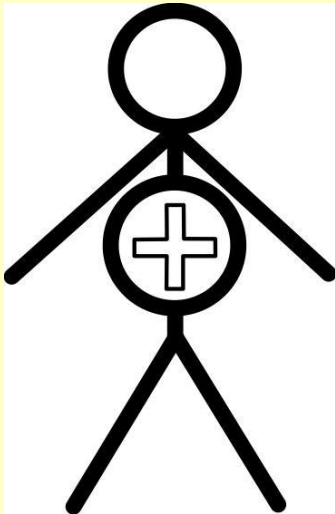
The 9 Principles



- I have an interesting life that I enjoy.
- My Care and Support is well planned.
- I have choice and control about my care and support.



The 9 Principles



- I live in the community with the support I need.
- I have a choice about where I live and who I live with.
- I get good care from health services.



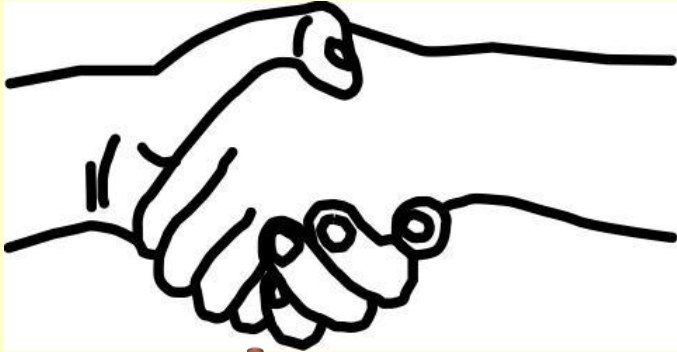
The 9 Principles



- I get help from experts in the community when I need it.
- I get help to stay out of trouble with the Police if I need it.
- If I have to go into a hospital because my health needs cannot be met in the community, it is high quality and I don't stay there longer than I need to.



What we are doing in Leicestershire?



- Working with Leicester City Council, Rutland County Council and Health
- More Outreach support.
- Less beds in the Agnes Unit.
- Step through project.



What we are doing in Leicestershire?



- Care and Treatment reviews – checking that people are not in hospital longer than they need to be.
- We need to make sure we have people who can support us to do the Care and Treatment reviews.



What we are doing in Leicestershire?



- Make sure we know if someone might need to go to hospital – Admission Avoidance register.
- Checking every week who is in hospital and plans for them to leave.



What we are doing in Leicestershire?



- Working with other services who might work with people with learning disabilities.
- Making there are houses for people to live in.



Joint Health and Social Care Self Assessment – LD SAF



- No information (data) collection this year.
- Local areas need to write an action plan in February.
- New Learning Disability SAF will be launched in from April 2016.
- Regional Learning Disability Network.



Workshop

- Self advocates workshop in Sparkenhoe
- Carers and Professionals in Framlands

Questions

- How can we develop a group of experts by experience?
How can we support people who want to help do Care and Treatment reviews?
- What do we need to do, to make sure people do not need to go to hospital when they have poor mental health?
- How can we make sure everyone can help us make plans for Transforming Care and the 9 Principles?



Drinks in the Members Lounge after workshops

Break time 30 minutes



Partnership Board News and Catch Up



- East Midlands Regional Forum of people with learning disabilities.
- Direct Payments

**Is there anything you
want to tell the
Partnership Board?**



East Midlands Regional Forum.



Ian Davis

East Midlands Regional Forum of people with learning disabilities.

Kelly Edwards Supporter

Central England People First

07980 976233

eastmidsrf@outlook.com



Purpose of the presentation

- To give information on the East Midlands Regional Forum
- To develop links with Leicestershire Learning Disability Partnership Board and the Regional Forum



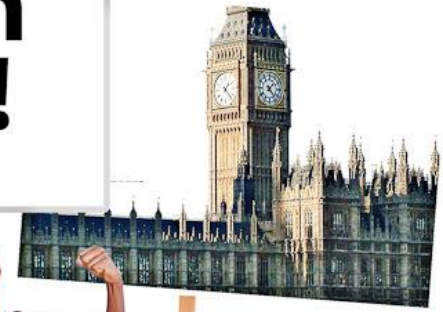
East Midlands Regional Forum







**Listen
to us!**





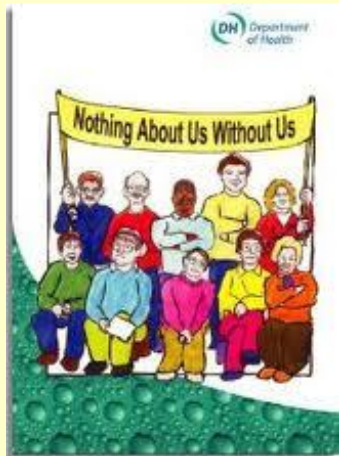




Why do we have the Regional and National Forums?



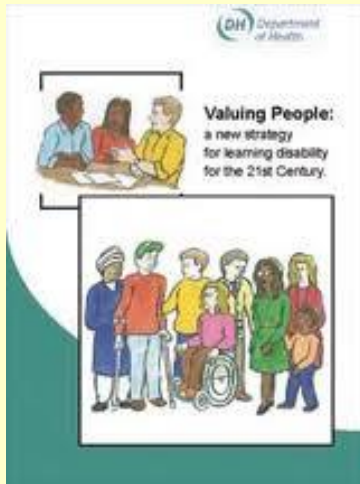
Independent self advocacy - people speaking up for themselves, began in Britain in the 1980s. For the first time people with learning disabilities began to speak up and say what they wanted. The Government began to listen and work with people to look at how to make changes.



In 2001 **Nothing About Us Without Us** was written this was a report written with help from people with learning disabilities. It was the first time people with learning disabilities had been involved in advising the Government on how to make changes.



In 2001 the government wrote a report called **Valuing People**. It said that services for people with learning disabilities needed to change. It had ideas in about making life better for people.



The Government wanted to continue to hear what people with learning disabilities had to say one way of doing this was to set up.

- The National Forum of people with learning disabilities
- Regional Forums
- Learning Disability Partnership Boards



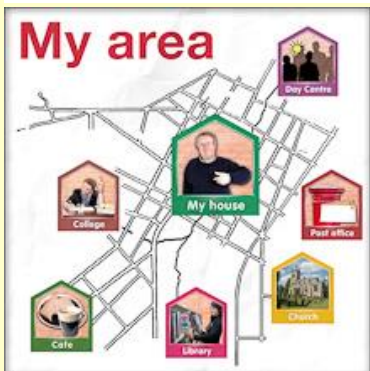
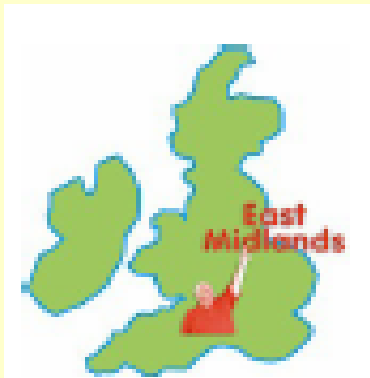


We have different meetings to help people with learning disabilities speak out.



- National Forum Meetings.

- Regional Forum Meetings. There are 9 different regions across the country. We are in the East Midlands Region.



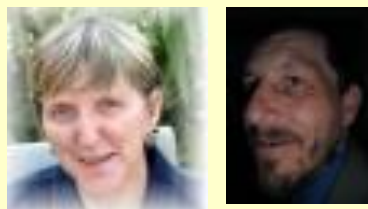
- Local advocacy meetings and meetings in services.

National Forum Meetings

These meetings happen 3 times a year. Representatives from the 9 Regions go to the meetings. Claire and Rashpal are the Regional representatives for the East Midlands.



The National Forum is run by and for people with learning disabilities, it has 2 Co-chairs and a Vice Chair.



The forum talks about important things for people with learning disabilities, it listens to what local and Regional groups are saying.



The Co-chairs go to a meeting called the **National Learning Disability Board**. This is where they meet with people who work for the Government they say what is important for people.



Regional Forum Meetings



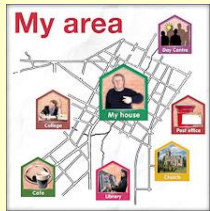
Regional Forum meetings are for anyone with a learning disability in the East Midlands. They happen twice a year.

We talk about what has happened at the National Forum.

We talk about what has been happening in our local areas and about things that will affect us. We have 3 Local reps Zoe, Dawn and Michelle.



Ian and Marie are the Regional Co-ordinators they support the regional meetings to happen.



How it works

Information is passed on from advocacy groups to regional forums.



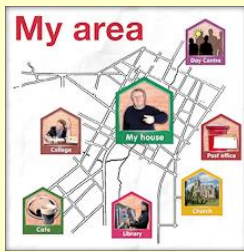
The regional forums then take this to the National Forum big meeting.

The National Forum decides which issues will be passed on to the National Disability Board.

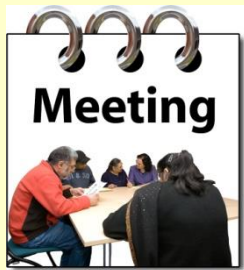


This information will then be passed onto the Government. The Government will ask us what we think about new policies and laws for people with learning disabilities.





We would like more people to be involved in the Regional Forum and we want to find out what is happening in your area.



You can come to our Regional Meetings. We will have 2 regional meetings next year in March and September. We may also have a joint meeting with the Families forum for the East Midlands.



If you can't travel to meetings

- You can send us information about what is happening in your area.
- We can send you information about what is happening Regionally and Nationally.



We will pass on what you tell us to the National Forum and they will let the Government know what is happening all over the country.



How to contact us

Email eastmidsrf@outlook.com

07980 976233



Through Central England People First
01536 515548

Facebook



For more information on the National
Forum

www.nationalforum.co.uk



Direct Payment Cards



Mandy Stott
Head of Service
Care Act

Leicestershire County Council

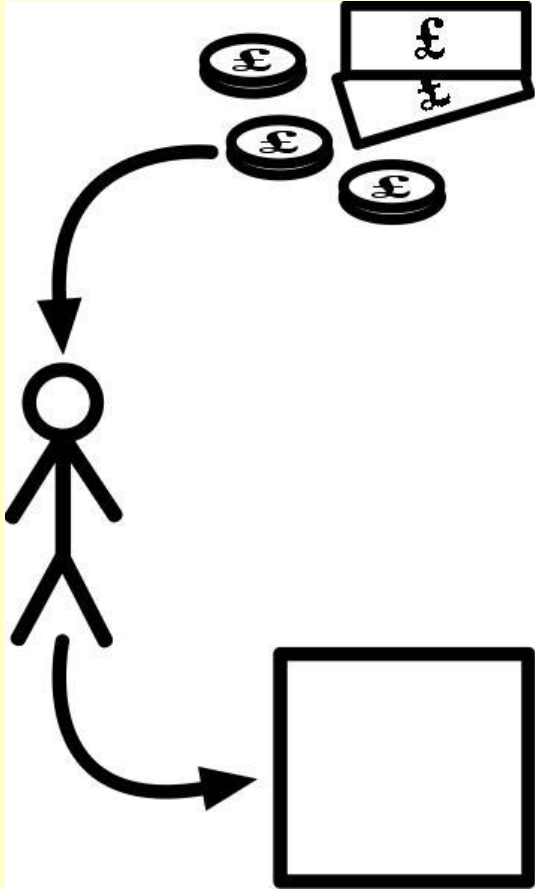
mandy.stott@leics.gov.uk



Purpose of the presentation

To tell the Partnership Board about a new way to pay for support and care. It's called Direct Payment Card

Direct Payment Cards



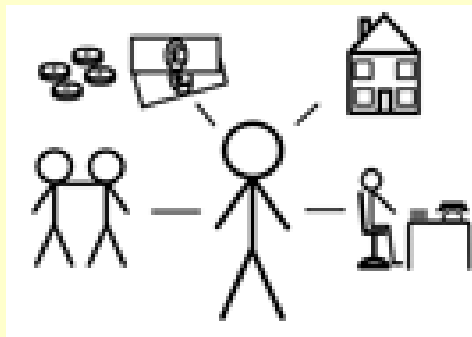
- If you have care and support needs to help you live your life, you and your social worker will agree a Support Plan so that you can do the things you want to do.
- The Council will agree an amount of money to help you do that. This is called a Personal Budget.
- When the Council pays you this money, it is called a Direct Payment.

Direct Payment Cards

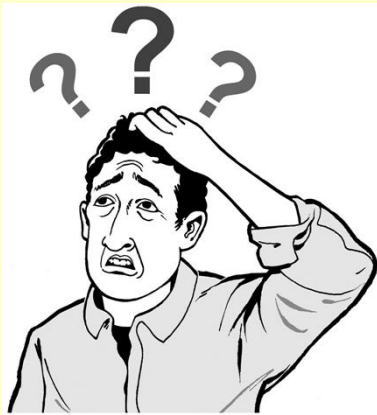
There are different ways that this money can be paid.



- The council can look after the money and buy your care and support for you.
- A family member or carer can look after the money and buy your care and support for you.
- The money can be paid directly to the person or company who gives you your care and support for them to look after.



Direct Payment Cards



- Some people look after the money themselves. This involves setting up a bank account, keeping receipts and being responsible for the money you spend. This can be quite hard to do.
- We now have a new way of making this payment to you. We can give you a Direct Payment Card.

Direct Payment Cards



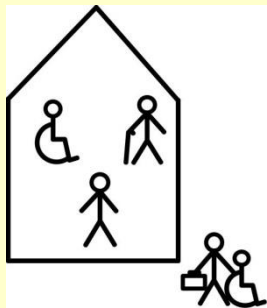
- Put your hand up if you get a Direct Payment?
- Put your hand up if you use a debit card to pay for shopping?
- A Direct Payment card is like a bank card.



Direct Payment Card



What is good about a direct payment card?

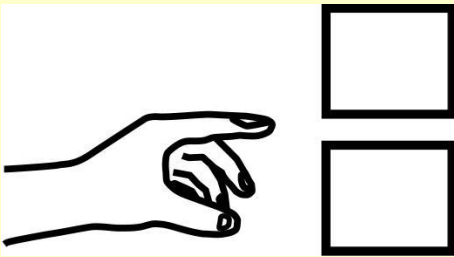


- It makes it easier for you to manage the money for your care and support.
- The money is put into a special bank account set up by the Council so you don't have to do anything.
- You can use the card to pay for the things you need to do on your support plan.
- It helps you manage your money yourself.
- It will help you be more independent.

Direct Payment Cards



- We have sent letters out to everyone about how to get a Direct Payment card.
- Has anybody had a letter about a Direct Payment card?
- The Council hopes lots of people decide to have a Direct Payment card but you can say No.



It is your choice.

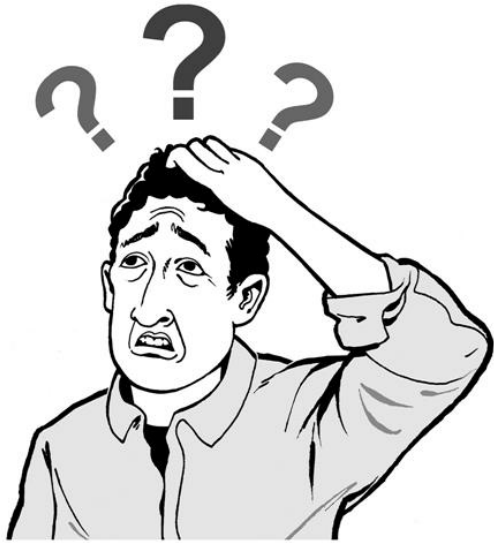
Direct Payment Cards



- There are people who can help you decide about having a Direct Payment card.
- You can talk to your social worker or your family to decide if this is a good choice for you.
- If you don't have a social worker and the person who supports you needs help to decide, they can talk to **Chetan Patel** at the Council. His telephone number is **0116 3053398.**



Direct Payment Cards



- If you have a question about a Direct Payment card or you are worried about it, please tell us.
- Write your question on the back of the Direct Payment card sheet in front of you. Please add your name and phone number so that we can contact you.
- Thank you. It's been lovely to meet you all today.





See Ability



Scott Watkin
Eye Care and Vision Development Officer
See Ability

07860 756342

s.watkin@seeability.org



Purpose of the presentation

To tell the Partnership Board about the eye care and vision work we are doing at See Ability.

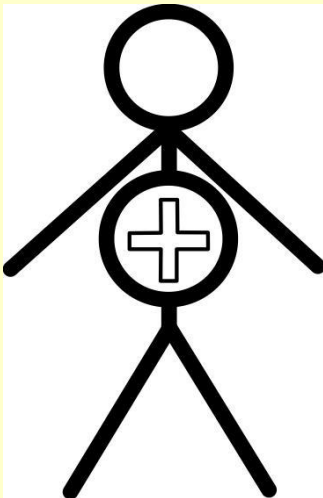
To find out if you would like to do some more work with us in the future



Better Health Group



Phil Lingood
Family Carer and member of the Better Health
Sub Group



Purpose of the presentation

To tell the Partnership Board about the work of the better health group.



Health Checks

what we want to do?



- Make sure Education, Health and Care plans include information about health checks.
- Make sure lots of people are getting health checks.
- Make sure people are getting good health checks.



Health checks what we have done?

Leicestershire Learning Disability Partnership Board

Leicestershire Partnership NHS Trust

Speaking up for Rutland

GP Surgery

?

?

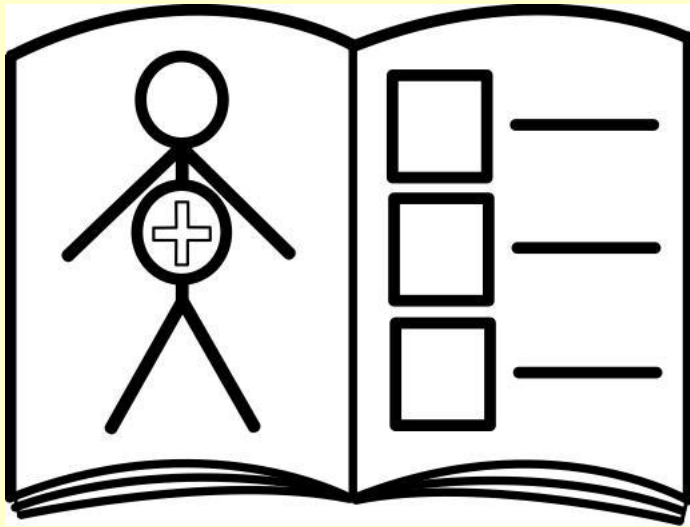
**All about the
Learning Disability Health
Checks**

Version 2: November 2015

- Updated the “All about Learning Disability Health Checks” booklet.
- Asked doctors to make sure more people with a learning disability have had a health check.



Information about people who use health services



- Find out why people are not going for Cancer screens.
- Find out what people are including in their health action plans.
- Checking we know how many children with a learning disability are known to their doctors.



Learning Disability and Dementia



- People with learning disabilities get Dementia earlier than other people.
- There needs to be better understanding of Dementia.
- Supporting a local Dementia project



Health Screening

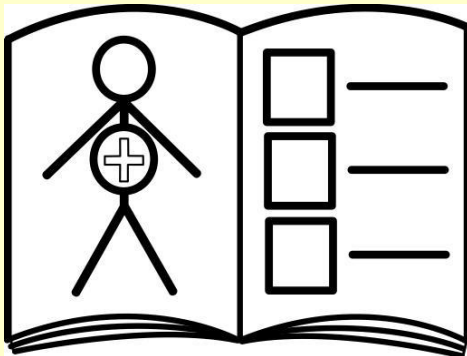


Sam Screatton
Primary Care Liaison Nurse

Leicestershire Partnership NHS Trust

0777 5339366

Sam.screatton@leicspart.nhs.uk



This presentation is to tell you about

- dementia
- cervical screening
- breast screening
- bowel screening

What is dementia?



- Dementia is an illness in the brain. It can happen for different reasons.
- People with learning disabilities have a higher risk of having dementia, often earlier than other people.
- Dementia usually develops slowly and can be difficult to diagnose (find out that you have it).

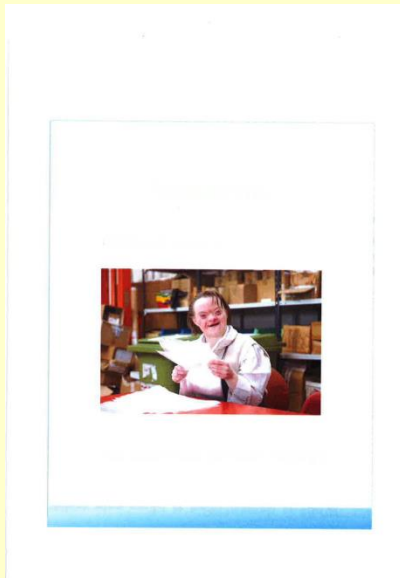
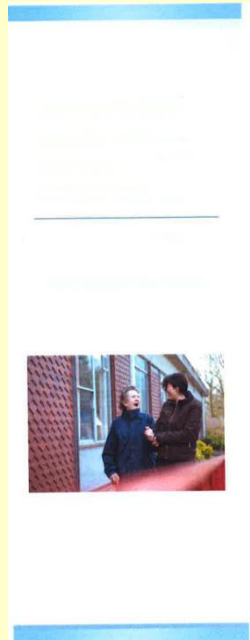
When a person has dementia they might



- forget things easily
- get upset more often
- change behaviours
- change routine

1. _____
2. _____
3. _____

There are no quick and easy tests to check people with learning disabilities for dementia. In 2016 we will be testing a new screening tool in some doctors surgeries.



This is called the Plymouth Screening checklist

There will be 4 questions.

New information leaflets are available.

Working with cancer screening services



There are 3 national screening programmes for cancer screening

- Cervical screening
- Breast screening
- Bowel screening

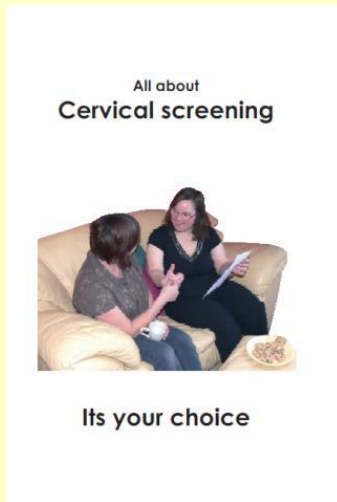
Cervical screening

Cervical screening is offered to women between the ages of 25 and 60.

Women are usually invited to attend every 3 years.

There is easy read information available.

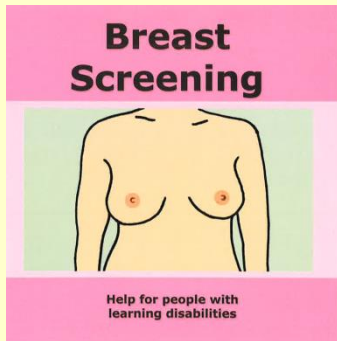
There is also a film available.



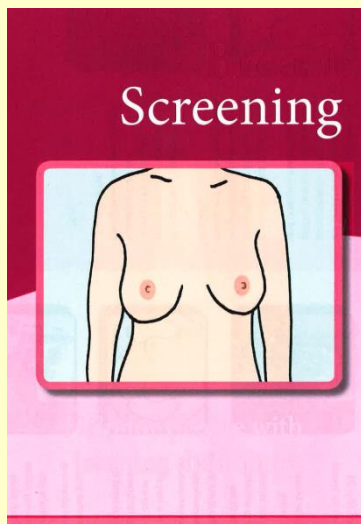
jostrust.org.uk

Breast screening

Breast screening is offered to women between the ages of 50 and 70.

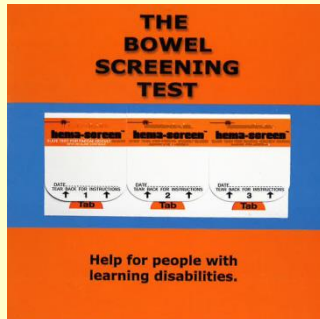


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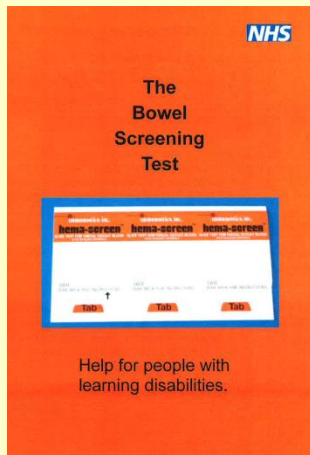
The team have worked with others to make a DVD and easy read booklet.

Bowel screening



Bowel screening is offered to men and women between the ages of 60 and 70.

People are invited to do the test every 2 years

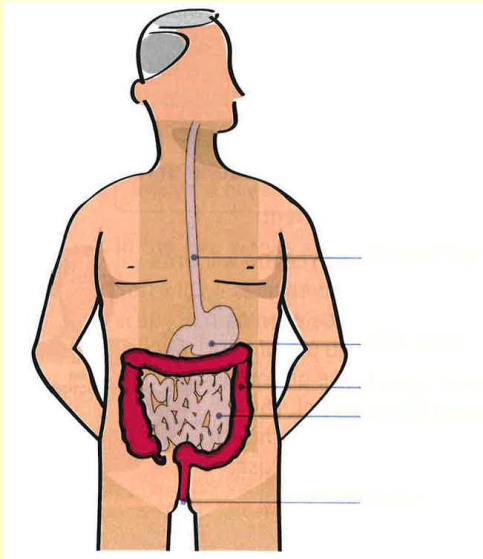


This test is done at home.

The team have worked with others to make a DVD and easy read booklet.

Bowel Scope Screening

The bowel scope screening test is a new test that is starting to be offered to people in Leicestershire



- The test only happens once at the age of 55
- The test is done in a hospital.
- The test looks for small changes in the bowel that can sometimes turn into cancer if not treated.
- We are working with others to make a DVD and an easy read leaflet about this test.



Next Meeting

Thank you for coming today



Our next meeting is on **Thursday 21st July 2016** from 10 am to 1 pm.

Please remember to fill in the sheet about what you want to talk about at the next year's Partnership Board meetings

Partnership Board meetings in 2016

The steering group wants to know, if the Board is to carry on next year, what 4 big things do you want us to talk and find out about? Please tick 4 boxes or write down a theme that you want to talk about.

 Bullying and keeping safe	 Being healthy and staying well
 Housing	 Communication and easy read information
 Young people and transitions	 Education, training and getting a job

Please write down any other ideas?