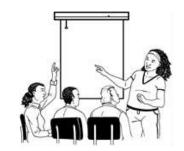




### Keeping Safe Workshop Partnership Board – 2<sup>nd</sup> October 2014



#### **Professionals/Family and Carers**

### What makes you feel unsafe at home?

- Falling at home
- Falling downstairs
- Cold callers on the phone or silent calls when no one is on the other end
- Random diallers
- Being on the unedited version of the electoral register
- Cold callers at the front door

## How can I help myself or other people help me to stay safe at home?

- Use the telephone preference services
- Elect to be on the edited version of the Electoral Roll
- Use chains on door
- Use security check lists
- Stickers on windows saying No to cold callers
- Warnings in locality groups/police alerts
- Ask for ID card
- Vulnerable person checklist
- Warning Zone training with groups
- Checking home security on regular basis
- Having an intercom with camera
- House alarm, smoke alarm, carbon monoxide reader/meter
- Email Community Safety team
- Police helpline for advice and guidance
- Don't open the door to strangers when at home

#### What makes me feel unsafe when I'm out and about?

- Bus timetables / 9.30 am rule
- Twirly too early
- Lack of accessible transport, wheelchairs
- Day and night travel
- Lack of support during the day to join up activities through the day

## What can I do to help myself when I'm out and about? What can other people do to help me?

- Travel Training through Transition
- Travel training during journey. Barriers/ quality
- CCTV cameras in town and on the bus
- Keep Safe Places, Keep Safe Cards

#### What makes me feel unsafe on the computer?

Safety settings. Knowing how to use them for example on Facebook

# How can I help myself or other people help me to stay safe on the computer?

- Don't give my password to strangers or other people
- Software that lets you know by voice or sound that you are on a suspicious/dangerous website
- Teach me how to be safe
- The Foundation for People with Learning Disabilities have a booklet to help people stay safe on line. It's free. <a href="http://www.learningdisabilities.org.uk/content/assets/pdf/publications/staying-safe-online.pdf?view=Standard">http://www.learningdisabilities.org.uk/content/assets/pdf/publications/staying-safe-online.pdf?view=Standard</a>