



Keeping Safe Workshop Partnership Board - 2nd October 2014



Self Advocates

What makes me feel unsafe at home?



- Electrical appliances
- Hot things in the kitchen, electric sockets
- Strangers at the door
- When people come to the door, I feel scared
- Phone calls from people I don't know
- People advertising and selling things
- Loud noises

How can I help myself? How can other people help me to be safe at home



- Chain on the door keeps me safe from strangers
- Close the windows and lock doors
- No cold callers!
- If someone phones, phone the company to check they are working for the company. They may be lying
- Having a fire bell
- Check ID
- If someone knocks on the door, get them to put their ID through the letterbox to check who they are



What makes me feel unsafe when I am out and about?

- Going out on my own
- Going out on my own without a mobile



- Getting lost
- Being out at night
- People looking at me
- Crossing the road
- Strangers
- Lots of boys – bullies
- On the bus – sometimes it is noisy
- In the library – sometime people are noisy
- Feeling safe when you communicate

What can I do to keep myself safe when I am out and about? What can other people do to help keep me safe?



- Make sure I know where my Keep Safe Place is
- Mobile phones can keep me safe
- Cameras CCTV in town and on the bus
- Keep Safe Card
- Talking
- People with me to support me
- Members of the public being friendly. Sometimes they're not.
- Signing, Maketon
- When you go out, stay with your friends and staff
- Government to be trained especially the people who work in the Law Courts. Not just the police.
- Feeling safe when you communicate especially if you are a witness to a crime
- Training for people who work in shops and shopping centres
- Speak to the police for help if you see one
- Tell staff in the library if you are not comfortable.

What makes me feel unsafe on the computer?



- On Facebook – people I don't really know.
- Getting strange emails
- Don't know who you are talking to
- Game sites where you have to pay
- Emails from people you don't know

What can I do to keep myself safe on the computer? How can other people help me to keep safe?



- Don't go into chat rooms
- Ask for help
- Always know the person you are talking to

What makes me feel unsafe about my money?



- People taking my money
- Not getting the right change in shops
- Getting money out in a shop
- Not sure if people are watching me with my money
- Using a cash machine
- Losing my wallet
- Losing my wallet on the bus
- People taking money from your bank account
- Having your card stolen at a cash machine
- Worried about losing my purse or my purse being stolen
- Need help with money
- People being swindled out of money

(people being nice to you to get your money)

What I can do to keep my money safe? What can other people do to help?



- Call the police
- Keep your pin number a secret
- If your money or your cards are stolen, tell the police and the bank
- Don't give your bank account details to anyone
- Always stay facing the cash machine when putting your money in your pocket or purse
- Keeping money in a safe place
- Not taking too much money out with me
- Have a bell on my purse or wallet
- Keeping my money safe
- More help from the staff in banks